

# North Andrew School District

## **2016-2017 Activities Handbook**

**North Andrew R-VI School  
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## ***Letter to Parents and Students***

Dear Parent/Guardian and Student/Athlete:

Please take a few moments to read this letter. Hopefully, this will help you understand how a competitive program is conducted and what comprises our expectations and philosophy.

1. In each program, a coach and/or coaches are hired, by the school district, to be responsible for their team selection. The head coach establishes criteria for selection, with input from their coaching staff. Although, this may be a highly subjective process, team selection, practices, and in-game decisions are solely the responsibility of the coaching staff. Please do not approach the activities director, administration, or any members of the coaching staff directly before, during, or after a team's practice or contest. Instead, contact the activities director, during school hours, to set up an appointment to discuss any issues with the coach.

2. Our experience in athletics reveals there are many "select teams" sponsored by many different organizations. Each coach looks for something different their players. Participation on a "select team" does not guarantee any player a spot on another "select team" or any high school team. While we believe players can gain valuable experience outside of the school athletic program, neither parents nor students should count on this type of participation to "guarantee" a spot on a high school team.

3. In order to make the varsity team, the student should demonstrate a high skill level and must also play a position the team requires. All student-athletes possessing these qualities have an equal opportunity to make the varsity team, regardless of grade level. Ultimately, playing time is left to the discretion of the team's head coach.

4. Each member of the team is extremely valuable to their team's overall progress. Starting positions and playing time are not guaranteed to anyone on the team. Some members may play a great deal of time, while others may not. Each student-athlete should have personal improvement as one of their primary goals.

By being a member of a team, regardless of time spent in actual competition, a person can learn many valuable lessons. Among them are the following: citizenship, sportsmanship, appreciating good play by an opponent, working together to meet team goals, responsibility and commitment, loyalty, placing their team above one's self, learning to accept instruction and criticism, respect for others, winning/losing with dignity, self-control, and being responsible for one's own actions.

We sincerely hope this helps you to understand the goals and philosophies of the competitive athletic program in the North Andrew Schools. Please feel free to contact us if you have any questions regarding any aspect of the athletic program.

Del Morley  
North Andrew Activities Director

## ***ACTIVITIES***

The activities covered in this handbook will be only those which are governed by the **Missouri State High School Athletic Association** (MSHSAA). Activities, clubs, organizations, and events

not directly governed by MSHSAA will follow the guidelines set forth in the **Student Handbook**.

*Activities include:*

Football	Cheerleading	Softball	Basketball
Track & Field	Scholar Bowl	Instrumental Music	Vocal Music
Cross Country	Wrestling	Baseball	

*Should the district add any activity governed by MSHSAA that activity will automatically become a part of this book, although it may not appear in name.*

## ***MASCOT AND SCHOOL COLORS***

The teams/groups at North Andrew are known as the Cardinals. The teams/groups at North Andrew are represented by the colors of red, white, and black.

## ***CONFERENCE AFFILIATION***

North Andrew is a member of the Grand River Conference. For many activities the conference will be divided East/West while for football it will be divided by whether the school plays 8 man or 11 man. Other conference schools by division include:

East and 11 Man Football:

Gallatin

Maysville

Milan

Polo

Princeton

Putnam County

South Harrison

Trenton

West and 8 Man Football

Albany

Braymer

King City

North Andrew

Pattonsburg

St. Joseph Christian

Stanberry

Worth County

## ***NORTH ANDREW R-VI SCHOOL EXTRA-CURRICULAR PHILOSOPHY***

The extra-curricular activities at North Andrew R-VI School District are closely coordinated with the highest possible level of academic excellence. Participation by a student in the extra-curricular activities should aid the students' growth in all related areas and should improve the academic pursuit of excellence.

Students will be encouraged to participate in activities and provide leadership among the student body. North Andrew will have the responsibility to encourage a student to secure the best record he/she can achieve, while seeking the outer limits of their capabilities.

The safety and well-being of the students, while participating in extra-curricular activities, is a serious responsibility and will be made a priority.

The sponsors of activities have the responsibility to train students in sportsmanship, in motivation, in self-discipline, in loyalty, in leadership, in extra effort, in the development of a positive attitude, and in individual self-esteem.

Team activities will be designed to teach young people how to work together to accomplish a positive and successful result.

The aims and objectives of the middle school and sub-varsity activities are different from the aims and objectives of the varsity activities.

In all middle school and sub-varsity activities, the emphasis should be on skill development and participation. As in all aspects of education, students do not progress at the same rate. Therefore, care must be taken that the varying skill levels of all students are considered. While it may be difficult for all members of the squad to participate equally in contests or practices, an athlete at this level should have the fullest opportunity to develop himself or herself as a person.

Varsity level activities are for those students who have demonstrated the most skill and best attitude. The objective of varsity level activities is to successfully compete in interscholastic competition.

At all levels, sportsmanship shall be promoted and encouraged. Fair play, courtesy, generosity and self-control shall not be sacrificed in the desire to win.

## ***SPORTSMANSHIP***

The North Andrew School District is a member of the Grand River Conference (GRC) and Missouri State High School Activities Association (MSHSAA). As members of these groups, we adhere to policies set down for the display of good sportsmanship by athletes, students, fans, parents and patrons. Member schools are to enforce sportsmanship rules for our own school, players and spectators. Violation of rules can result in the following consequences: written reprimand, probation, suspension, ejection or permanent removal from events. Consequences are in force for players, coaches, students, parents and fans.

All school discipline policies and rules apply to the North Andrew School District students at school activities whether they are held on school property or away from school.

### **GOOD SPORTSMANSHIP CODE**

#### **For Players, Coaches and Fans**

1. Maintain pride in self and school.

2. Strive to keep high standards of conduct.
3. Cheering is always encouraged for one's own team.
4. No taunts, chants, noises, cheers, songs, profanity, signs or motions directed to the opposing team, coach, school or officials. Treat everyone with respect.
5. No disrespect will be shown to the opposing team during introductions.
6. No noisemakers.
7. No continuous standing.
8. Abide by the decisions of officials.
9. Accept victory or defeat graciously.

The North Andrew School District grounds (inside and outside) are, by the North Andrew School District Board policy, a tobacco-free environment. There is to be no smoking inside the building or outside on any school or athletic grounds.

### ***THE STUDENT ATHLETE'S BILL OF RIGHTS***

ALL STUDENTS HAVE THE RIGHT...

1. To take part in the activities of their choice, free from the pressure or ridicule of those who would have them choose another.
2. To be coached by persons who are professional in their conduct.
3. To be provided the equipment and protection necessary to enable them participate safely.
4. To expect their chosen activities to be treated with the same dignity and respect as other school activities.
5. To be coached by persons who have more interest in the students, their well-being, and their development than they do in winning or personal goals.
6. To engage in competition at a level they can enjoy.
7. To have an atmosphere free from alcohol, drugs, and foul language.
8. To be free of pressures from coaches to participate or practice illegally.
9. To be free of pressure to participate in camps, clinics, or outside teams in order to be a part of the school team.
10. To team membership, school pride, fair participation and crowd sportsmanship.

### ***GUIDELINES OF THE ATHLETIC COUNCIL***

The Athletic Council will be comprised of North Andrew athletes (9-12) who are interested in joining. The members must be involved in sports (i.e. athletes, managers, statisticians). All members of the Athletic Council must meet eligibility standards for athletes.

**Responsibilities of the Athletic Council are as follows:**

1. To ensure that the activities handbook is being followed and used.
2. To update the athletic handbook whenever necessary.
3. To promote student involvement and participation on North Andrew High School athletic teams.
4. To promote school spirit.
5. To promote sportsmanship at athletic events.
6. To make recommendations to the administration of ways that the activity programs can be improved.

***CITIZENSHIP***

The following is taken from the Missouri State High School Activities Association Official Handbook:

*Students who represent a school in interscholastic activities must be creditable citizens and judged so by the proper authority. Those students whose character or conduct is such as to reflect discredit upon themselves or their schools are not considered "creditable citizens." Conduct shall be satisfactory in accord with the standards of good discipline.*

**Law Enforcement:** A student who commits an act for which charges may be or have been filed by law enforcement authorities under any municipal ordinance, misdemeanor or felony statute shall not be eligible until all proceedings with the legal system have been concluded and any penalty (i.e. jail time, fine, court costs, etc.) or special condition of probation (i.e. restitution, community service, counseling, etc.) has been satisfied. If law enforcement authorities determine that charges will not be filed, eligibility will be contingent upon local school policies. Moving traffic offenses shall not affect eligibility, unless they involve drugs, alcohol, or injuries to others.

After a student has completed all court appearances and penalties, and has satisfied all special conditions of probation and remains under general probation only, local school authorities shall determine eligibility.

**Local School:**

1. A student who violates a local school policy is ineligible until completion of the prescribed school penalties.
2. The eligibility of a student who is serving detention or in-school suspension shall be determined by local school authorities.
3. A student shall not be considered eligible while serving an out-of-school suspension.
4. A student who is expelled or who withdraws from school because of disciplinary measures shall not be considered eligible for 365 days from the date of expulsion or withdrawal.

5. If a student misses class(es) without being excused by the principal, the student shall not be considered eligible on that date. Any time that an absence occurs on a day of practice or a contest the principal/office should be notified (phone call from parent/guardian, documentation from medical office). Further, the student cannot be certified eligible to participate on any subsequent date until the student attends a full day of classes.

6. Each individual school has the authority to set more restrictive citizenship standards and shall have the authority and responsibility to judge its students under those standards.

7. Each school shall diligently and completely investigate any issue that could affect student eligibility.

c. Student Responsibility: Each student is responsible to notify the school of any and all situations that would affect his/her eligibility under the above standards. If the student does not notify the school of the situation prior to the school's discovery, then the student shall be ineligible for up to 365 days from discovery, pending review by the Board of Directors.

### ***UNSPORTSMANLIKE CONDUCT***

#### **CONSEQUENCES OF UNSPORTSMANLIKE CONDUCT OF AN ATHLETE:**

Any coach may institute consequences above and beyond what is listed below.

Incidents involving athletes where a player is guilty of deliberately striking an opposing player, using profane or vulgar language, or using abusive language/gestures toward officials will result in the coach removing that individual immediately from participating in the remainder of that game; incidents warranting a special report from MSHSAA for unsportsmanlike, flagrant, or any inappropriate behavior will be considered. Any act that requires an official to remove a player from the game will be dealt with according to MSHSAA policy. North Andrew may still review the act and may or may not impose local consequences listed as 1<sup>st</sup> Offense, 2<sup>nd</sup> Offense, or 3<sup>rd</sup> Offense in the Activity Handbook. Considered means the school administration will review the act and decide if it is an unsportsmanlike offense.

**1st Offense:** Athlete will serve a one (1) game suspension in the next game at the same level the incident took place with the athlete not participating in any games below or above that level of play.

**2nd Offense:** Athlete will serve a three (3) game suspension in the next three games at the same level the incident took place with the athlete not participating in any games below or above that level of play.

**3rd Offense:** Athlete will be suspended for the remainder of the calendar year from participation in all athletic events.

These consequences will be applied to student-athletes throughout all sports in the MSHSAA calendar year. Consequences carry over from fall to winter to spring, but will start over at the beginning of each MSHSAA calendar (August, Fall practice) year. For example - a student/athlete receiving a suspension in a fall sport (1<sup>st</sup> offense), then again in a winter sport (2<sup>nd</sup> offense).

### ***USE AND/OR POSSESSION OF TOBACCO, ALCOHOL, AND DRUGS***

The coaching staff and administration of North Andrew High School believe a fit body and alert mind are essential to success on the athletic field as well as in life. Because activities



should lead to greater levels of strength, endurance, vitality, and the development of desirable health habits, we endorse the following regulations:

**FIRST OFFENSE: Suspended in accordance with the MSHSAA citizenship criteria and 30 athletic participation days.**

**SECOND OFFENSE: Suspension for (180) one hundred eighty school days from all activities and practices.**

**THIRD OFFENSE: Permanent suspension from activities.**

All offenses shall be reported to the activities director to be kept in the permanent records. These rules become effective and apply at any grade level that North Andrew Middle School/High School offers in any MSHSSA sponsored activity. (Grades 7-12) Each offense will be placed on the athlete's permanent record and will carry over from season to season.

### ***PROTECT YOUR ELIGIBILITY***

The Missouri State High School Activities Association (MSHSAA), of which the North Andrew School District is a member, is a voluntary, nonprofit, educational association of junior and senior high schools established for the purpose of working cooperatively in adopting standards for supervising and regulating interscholastic activities and contests.

One of the primary functions of the MSHSAA is to establish eligibility standards that must be met by all students to attain the privilege of representing their school in interscholastic activities.

Eligibility is a PRIVILEGE to be granted by the school to a student, which allows that student to participate in interscholastic activities. Eligibility is NOT A STUDENT'S RIGHT BY LAW. Precedent setting legal cases has determined that eligibility is a privilege to be granted only if the student meets all standards adopted by the school, which enables the school to grant the student such a privilege.

Listed below is information to acquaint you with the major rules and regulations you must follow in order to protect your eligibility.

1. You must be a creditable school citizen. Creditable school citizens are those students whose conduct, both in and out of school, will not reflect discredit upon themselves or their schools.
2. Academics
  - a. You must be enrolled in courses offering **3.0** units of credit. (This is normally five courses).
  - b. You must have earned **3.0** units of credit the preceding semester.
3. Transferring schools
  - a. If you transfer schools and your parents do not move to your new school district, you will be ineligible for 365 days, unless you meet one of the exceptions to the transfer or promotion rules. (See your principal or activities director).
  - b. If you move with your parents to your new school district you will be eligible immediately.
4. Participation limits
  - a. You are eligible to participate in any sport for a maximum of four seasons. Any part of a game played during a season counts as a season of participation.
  - b. Your eligibility to participate in high school activities begins when you first enter

the ninth grade and lasts for the first eight semesters that you are enrolled in high school. Your eighth semester must immediately follow your seventh semester.

5. You must enter school within the first 11 days of the semester to be eligible.
6. Awards standards
  - a. You may not receive cash, merchandise, or gift certificates for participating in an athletic contest.
  - b. You may accept awards that are symbolic in nature, such as medals, trophies, ribbons, plaques, etc., for participating in a school athletic program. These awards may be received only from your school, from a school hosting an event, or from the MSHSAA.
  - c. You may accept awards for participating in non-school-sponsored athletic competition only if the awards are symbolic in nature, such as medals, trophies, ribbons, plaques, etc.
7. If you reach the age of 19 prior to July 1, you will be ineligible for interscholastic competition the next school year.
8. Non-school competition
  - a. You may not participate in any organized non-school athletic competition and your school team IN THE SAME SPORT during the same season.
  - b. You may participate on a school team and a non-school team in different sports during the same season; however, you may not practice or compete in non-school organized athletic competition ON THE SAME DAY that you practice or compete with your school team without approval of the school administration.
  - c. Before you join any non-school team or enter any non-school competition involving athletics, check with the activities director to make certain these standards are being met.
9. You may participate in an "audition" or "tryout" for a college team only after you have completed your last season of eligibility in the sport for which you wish to tryout.
10. You may not compete in an all-star game or contest before you complete your eligibility in all high school sports.
11. Sports camps/clinics
  - a. You may attend a non-school sponsored summer specialized sports camp for as long as you wish, where you do not receive instruction or coaching from a member of your school's coaching staff.
  - b. You may not attend a specialized athletic camp during the school year.
  - c. You may attend a camp or clinic where your school's coaching staff instructs or coaches for a period no longer than two weeks in duration.
12. Any individual receiving information concerning colleges for scholarship opportunities for our students/athletes will be distributed by the specific coaches.

**A REMINDER:** Any questions pertaining to eligibility that is not answered above should be brought to the attention of the activities director.

### ***PHYSICIAN EXAMS AND INSURANCE REQUIREMENTS***

Athletic By-Law 309 (a) in the MSHSAA handbook states: "The school shall require of each student participating in athletics or an activity performance group a physician's certificate stating that he or she is physically able to participate in athletic contests or performance groups. The medical certificate is valid for the purpose of this rule if issued after February 1<sup>st</sup> of the previous year. This certificate must be on file before the student will be allowed to

practice with any of the North Andrew School District's athletic teams."

Athletic By-Law 309 (b) in the above handbook states: "A student shall not be permitted to practice or compete for a school until it has verification that he or she has basic insurance coverage. (Also on file)."

### ***ImPACT Testing***

In order to better manage concussions sustained by our student-athletes, we have a software tool called ImPACT (Immediate Post Concussion Assessment and Cognitive Testing). ImPACT is a computerized exam utilized in many professional, collegiate, and high school sports programs across the country to successfully diagnose and manage concussions. If an athlete is believed to have suffered a head injury during competition, ImPACT is used to help determine the severity of head injury and when the injury has fully healed. All student-athletes are required to take an ImPACT baseline test to be eligible to participate in any contest. Student-athletes will be required to be baseline tested every two years (incoming 7<sup>th</sup>, 9<sup>th</sup>, and 11<sup>th</sup> graders). These tests are conducted under the direction of a certified athletic trainer. Students experiencing head injuries will be required to have a post-injury test as well as be cleared to participate by a doctor (documentation is required).

### ***ATHLETE'S APPEARANCE***

NO athletes are to wear caps in school buildings.

**BOYS:** Boys' hair and facial hair must be neat and well groomed.

**GIRLS:** Girls' hair must be neat and well groomed.

Any tattoos that an athlete may have **MUST** be covered regardless of the nature of it. All athletes, student managers, statisticians, camera people, or anyone riding the activity bus must wear appropriate attire.

### ***PRACTICES***

No practices, "skull" sessions, film viewing, or other such activities involving students will be held on Sundays, school holidays, or snow days without the permission of the principal. (In his/her absence, superintendent)

Student-Athletes are expected to attend and participate in all practices unless excused by the Head Coach. In the event of illness or conflict with family activities the athlete or Parent is responsible for contacting the Coach to explain the situation. It is understood that if an athlete does miss a practice(s) it may affect playing time in future competitions.

All practices must be conducted on school grounds and facilities unless permission is granted by the activities director, principal, or superintendent.

### ***TRANSPORTATION TO ACTIVITIES***

Participating students of the North Andrew R-VI School District will be transported by bus to and from school sponsored activities, unless the parent(s)/guardian(s) contacts the sponsor at

the event or activity to sign their child out to relieve the school of the responsibility of their child not making the return trip by bus.

1. All athletes, student managers, statisticians, camera people, or anyone riding the activity bus must wear slacks (or appropriate attire) to all events.
2. Students are expected to return from activities the same way they go. The school will permit the parents/guardians to designate **TWO** adults (persons 18 years old or older and not currently attending high school) that can be responsible in their absence. To designate two people, the parent/guardian must fill out a form at the high school office in person or send the form filled out and notarized. The parent or designated adult will then need to see the coach/sponsor and sign the student out at the event before he/she may leave.
3. Students may ride with their parents by request if approved by the principal.
4. NO glass containers are allowed on the bus.
5. Athletes are expected to leave the bus as they found it. CLEAN!

### ***FIELD TRIPS***

Students should not be pressured by either coach or teacher in making their decisions. The student must make their decision on what is best for them. The player must realize that their grades may be affected in class and that they may also lose playing time if another player beats them out due to missing practice. However, an athlete is not to be punished by withholding playing time solely because they attended a field trip.

### ***DAYS OF CONTEST***

Students must be at school for the whole day to be eligible that day. Approved absences will be given by the principal. . Any time that an absence occurs on a day of practice or a contest the principal/office should be notified (phone call from parent/guardian, documentation from medical office). MSHSAA policy also states that if a student misses classes without being excused by the principal, the student shall not be considered eligible on that date. Further, the student cannot be certified eligible to participate on any subsequent date until the student attends a full day of classes (or has an excused absence from class) without an unexcused absence. For example, if a student has an unexcused absence all day on Friday, that student is ineligible to compete in an event on Saturday. Notification needs to be received in the office by 12:00 pm (NOON) on the preceding Friday in order to be eligible to participate in a Saturday event.

### ***LETTERING***

The athletic letter at North Andrew High School is a badge of honor bestowed on an individual student for participation at the varsity level in a sport. It stands as a testament that this student has reached high standards and is held in high regard among the students and faculty at North Andrew. The acceptance and wearing of the school letter indicates special responsibilities for the student in the areas of citizenship, morality, and social standards.

To be eligible for a letter, an athlete must complete the season in good standing and be properly released from the sport by the coach. An athlete who quits the team once they have met the other requirements will forfeit any claims to a varsity letter. At the end of a season, the activities director and coach will designate a day as a uniform/equipment check-in day. On this day, athletes are asked to turn in their complete uniform and equipment that were

issued to them.

Individual head coaches will determine lettering requirements for their sport and will award them based upon individual athlete's play and significance to the team. Any athlete that does not meet this standard, *may* be awarded a provisional letter by the head coach, which would allow the athlete to earn that letter in the following year if they meet the lettering guidelines.

### ***EQUIPMENT***

Each student is responsible for any and all equipment issued to them. A student will be expected to pay for any equipment lost or stolen from them. School equipment is in high demand and each student must take the highest degree of care in transporting and storing their equipment.

***To insure the security of your equipment, the following steps should be followed:***

1. Do not loan or exchange any of the equipment issued to you.
2. Keep your locker LOCKED AT ALL TIMES when not in visual contact with the locker.
3. Report any lost equipment to the head coach/sponsor.
4. All equipment should be worn at school and never outside of school unless permitted by the head coach/sponsor.
5. Any equipment or uniform you may see out of school which does not belong to the individual or individuals should be reported to the coach or the athletic director. By doing this, you are not only helping the athletic department, but also the individuals who must pay for the stolen items.

### ***DEBITS DUE TO LOSS OF EQUIPMENT***

Expensive equipment and uniforms are checked out to the athletes for their use in our programs. The athletes and their parents are responsible for the proper care and washing procedures of these items. Items that are lost, stolen, damaged through improper use, and excessively faded, or discolored by improper washing procedures will be paid for by the athlete or his/her parents. These measures are necessary to enable the athletic program to continue to outfit and provide the safest equipment affordable.

If an athlete and his/her parents owe money to the athletic account because of unreturned or damaged equipment, he/she will not be allowed to participate in a game of another sport. The athlete will be allowed to practice the next sport, thus giving him/her an appropriate amount of time to hand in the equipment or pay the fee.

### ***ACADEMIC POLICY***

To remain eligible, a student must maintain satisfactory work in the classroom. Students in grades 7-12 will be governed by the schools accepted ineligibility policy. The above rules also apply to a student with an IEP. If a student becomes ineligible by the MSHSAA rules, then the MSHSAA rules supersede the local board policy.

### ***ACADEMIC REQUIREMENTS FOR PARTICIPATION***

To remain eligible to participate in extracurricular activities, a student must maintain satisfactory grades in the classroom. Students who receive three (3) D+'s or lower or one (1) F in his or her grades issued for the first quarter of each semester, or his or her cumulative grades calculated for the semester will be ineligible to participate in extracurricular activities for the next quarter of school. This means the grades used for eligibility for high school will be the first quarter grades, cumulative first semester grades, third quarter grades and cumulative second semester grades. Grades used for eligibility for the middle school will be first quarter grades, second quarter grades, third quarter grades and fourth quarter grades.

If a student becomes ineligible by the MSHSAA rules, the MSHSAA rules will supersede local Board policy.

Eligibility of IEP students will be determined by the student's IEP. This policy/regulation affects any student in grades 7-12, involved in an activity other than the regular school day or other activities that are graded or classroom requirements. Guidelines for academically ineligible students are listed below. Any exceptions would have to be approved by the building principal.

### ***ACADEMICALLY INELIGIBLE STUDENTS***

Students declared ineligible for any reason are not to:

1. Attend events open only to the student body.  
***Exception -- Homecoming and Courtwarming which are open to alumni.***
2. Represent the school in a contest or event.
3. Attend organizational meetings while ineligible.
4. Attend field trips unless attendance is required by the teacher.

\*\*\*NOTE: Students may ride the school bus to away games or extracurricular activities or be able to practice upon sponsor/coach and building principal supervision and permission.

### ***SUSPENSIONS***

Students in grades 7-12 who have been given a suspension (in school and out) will not be eligible to attend any activities until the suspension has been served. Any coach or sponsor shall have the authority to set any additional eligibility requirements which are more restrictive as they deem necessary.

Students with Individual Education Plans (IEP) will be considered on an individual basis and the decision will be based on their IEP's and be made by a team consisting of the building principal, counselor, special education instructor and all teachers involved in the IEP case.

Phone and/or letter will notify parent(s)/guardian(s) when a student is to miss an extra-curricular activity due to grades or behavior.

### ***PARENT/ATHLETE/COACH RELATIONSHIP***

We hope this information will make both you and your child's experience with the North Andrew School Athletic program enjoyable.

### **COMMUNICATIONS**

Both parenting and coaching are extremely difficult vocations. Coaches and parents both want the athletes to have a positive experience as they participate in the sport or activity.

Communication is the key to making the positive experience become a reality. Athletes, parents and coaches are all responsible for effective communications.

#### **COMMUNICATION COACHES EXPECT FROM PLAYERS**

1. Athletes should express concerns immediately and directly to the coach.
2. Notification of any schedule conflicts well in advance.
3. Specific concerns in regard to a coach's philosophy and/or expectations.

As your children become involved in the programs at North Andrew, they will experience some of the most rewarding moments of their lives. It is important to understand that there may also be times when things do not go the way you or your child wishes. At these times discussion with the coach is encouraged.

#### **COMMUNICATION YOU SHOULD EXPECT FROM THE COACH**

1. Expectations the coach has for your child as well as for all players on the squad.
2. Locations and times of all practices and contests.
3. Team requirements, i.e. fees, special equipment, off season conditioning.
4. Procedure should your child be injured during participation.
5. Discipline that result in the denial of your child's participation.

#### **APPROPRIATE CONCERNS TO DISCUSS WITH THE COACH**

1. Concerns regarding your child's mental and physical status.
2. Ways to help your child improve in the activity.
3. Concerns about your child's behavior.

It is very difficult to accept your child's not playing as much as you may hope. Coaches are professionals. They make judgment decisions based on what they believe to be best for all students involved. As you have seen from the list above, certain things can and should be discussed with your child's coach.

#### **ISSUES NOT APPROPRIATE TO TALK WITH COACH ABOUT**

1. Team strategy
2. Play calling
3. Other student-athletes
4. Selection of players

There are situations that may require a conference between the coach and the parent. These are to be encouraged. It is important that both parties involved have a clear understanding of the other's position.





Scholar Bowl -- Brian Wiedmer  
Erica Wheeler  
Instrumental Music -- Stephen Till  
Vocal Music -- Brittany Clary  
Flags -- Mary Ann Lamme

**5<sup>th</sup>/6<sup>th</sup> - MS Scholar Bowl**  
Briand Wiedmer  
Erica Wheeler

***ACTIVITY/ATHLETIC COMMITMENT PLEDGE***

*This pledge must be signed and returned to the Activities Director prior to participation in any activity.*

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<b>PARTICIPANT'S NAME (PRINT)</b>	<b>GRADE</b>	<b>SPORT/ACTIVITY</b>
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Prior to participating in any practice or tryout sessions for any interscholastic sport, each athlete must:

1. Successfully pass a physical examination to participate in athletics, by a licensed physician and the copy of such examination must be on file in the athletic office of the building. Physical exam is valid if issued on or after February 1 of the previous school year.
2. Return this Activity/Athletic Commitment Pledge Form with the student and parent's signature.

**As a school's student/athlete voluntarily participating in interscholastic activities/athletics, I acknowledge that:**

1. I have read this Student Activity/Athletic Handbook and understand what the North Andrew School District expects from me in regard to the expectations set forth in this handbook and to sportsmanship, citizenship, scholastics, and staying free from drugs, alcohol, and tobacco use while enrolled in this school. I understand the consequences for violating school policy and I will not do so while a North Andrew School District student participant.
2. I will be responsible for all equipment issued to me throughout the season, will return such equipment at the conclusion of the season and will pay the current replacement cost for any of the equipment not accounted for by me at the end of the season.
3. I have been properly advised, cautioned, and warned by administrative and coaching personnel of the North Andrew School District that I am exposing myself to the risk of injury, including, but not limited to, the risk of sprains, fractures, and ligament and/or cartilage damage which could result in a temporary or permanent, partial, or complete impairment in the use of my limbs, brain damage, paralysis, or even death. Having been so cautioned and warned, it is still my desire to participate in sports and to do so with full knowledge and understanding of the risk of injury and with full consent of my parents/guardian.
4. I, along with my parents, certify that I have read and understand all of the North Andrew School District activity/athletic policies in this handbook. In order to be eligible for participation, I understand I must comply with all requirements listed.

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**Student's Signature**

**Date**

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**Parent/Guardian Signature**

**Date**